

UpToDate for Institutions



Why is UpToDate the leading choice for clinical decision support?

UpToDate is the premium evidence-based clinical decision support resource, used in more than 32,000 institutions worldwide. A continuous review of the clinical content ensures recommendations reflect the very latest research. Over the past 20 years, UpToDate has become one of the most used electronic medical information resources in the world.

Ask a hospital why UpToDate is the most widely used clinical decision support resource, and you'll likely learn UpToDate has a proven positive impact on outcomes and clinician adoption rates are high. UpToDate is associated with reducing the cost of care and improving hospital quality across several key metrics, including shorter length of stay, reduced complication rates and increased patient safety.

Ask a doctor why UpToDate is the most widely used resource and you'll likely be told that UpToDate gives them fast, easy access to the highest quality clinical information to make diagnosis and treatment decisions at the point of care.

More than **32,000**
medical institutions worldwide
use **UpToDate**

"Here, it's the norm to refer to UpToDate when a clinical question arises and it is part of our daily lexicon. Our thought leaders, specialists, and veterans are all champions and supporters of UpToDate. In fact, we conducted a survey to see what our actual usage is and found that 95% of our physicians say they're using UpToDate"

*Michael Patmas, M.D.
Chief Medical Officer
Woodland Health*

Physicians in
180 countries
use UpToDate regularly

*Our authors are
experts in their fields.*

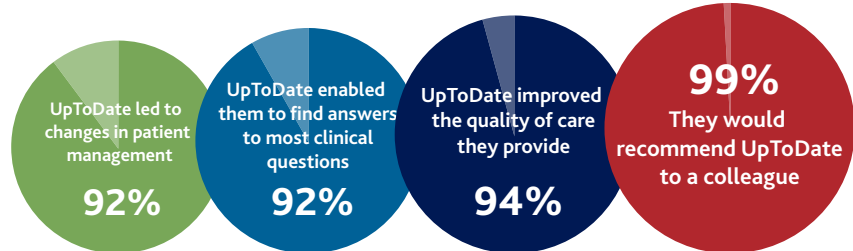
*Dr. Stuart Spechler,
who writes our topic on
Barrett's Esophagus, is world
renowned for his expertise
in this condition and has
published over 120 studies on
Barrett's Esophagus alone.*

*Our authors are both
academic leaders and
practicing clinicians.*

Doctors around the globe trust UpToDate to answer their clinical questions quickly.

Doctors understand the power and knowledge that UpToDate offers. Show a doctor who has never used UpToDate how to find answers to a clinical question and their excitement is obvious. In multiple surveys and studies, doctors have reaffirmed that UpToDate is a trusted resource that helps them provide better patient care.

Subscriber survey respondents said:



UpToDate Individual Subscriber Survey, October 2014 (N=15,992)

Before UpToDate, finding the highest quality, evidence-based clinical information at the point of care was difficult.

Doctors need help sifting through all the evidence and keeping up with new information.

That is where UpToDate comes in: we synthesize the evidence and provide original topic reviews. Other clinical decision support systems merely provide bulleted summaries of individual studies or an electronic library of texts and journals, which are not useful at the point of care. In contrast, UpToDate places the new information in context and provides graded, evidence-based treatment recommendations.

More than 6,300 doctors from 49 countries, all of whom are leading experts in their fields, serve as UpToDate authors and editors. They seek out and evaluate the latest evidence presented in more than 460 peer-reviewed journals, online medical resources, and guidelines published by major international societies. The editorial team updates content continuously and is transparent about the rigorous editorial process: all topics include the authors' and editors' names, specialties and academic affiliations. In addition, UpToDate accepts no advertising or sponsorships.

With UpToDate, doctors can quickly answer even their most difficult clinical questions and determine how to best care for their patients.



Proof: Measurable benefits for hospitals demonstrated by more than 60 research studies.

Because it is so widely used, UpToDate is one of the most studied clinical decision support resources. In fact, more than 60 studies from around the world demonstrate the benefits of using UpToDate, which include improved patient care and hospital performance. All of our research can be reviewed at www.uptodate.com/research.

Following are three examples:

- **A 2011 study by researchers at Harvard University**, published in the *Journal of Hospital Medicine*, showed an association between the use of UpToDate and improved outcomes. UpToDate hospitals demonstrated:
 - Lower mortality — 11,500 lives saved over a three-year period
 - Shorter lengths of stay — 372,500 hospital days saved per year
 - Improved hospital quality — better quality performance for every condition on the Hospital Quality Alliance metrics¹
- **Researchers at Cook County Hospital and Rush Medical College** examined the impact of evidence on physician's inpatient treatment decisions (provided predominantly by UpToDate) and found that the evidence-based information changed 18% of physician's treatment decisions.²
- **A study conducted by the Mayo Clinic** is of particular interest to academic medical centers committed to training the next generation of doctors: the researchers found that use of UpToDate for 20 minutes a day resulted in knowledge acquisition equivalent to the benefit of a year of residency training, as measured by a standardized examination (Internal Medicine In-Training Examination (IM-ITE)).³

1. Isaac T, Zheng J, Jha A. Use of UpToDate and outcomes in US hospitals. *J Hosp Med* 2012; 7:85.

2. Lucas BP, Evans AT, Reilly BM, Khodakov YV, Perumal K, Rohr LG, Akamah JA, Alausa TM, Smith CA, Smith JP. The impact of evidence on physicians' inpatient treatment decisions. *J Gen Intern Med*. 2004 May;19(5 Pt 1):402-9.

3. McDonald FS, Zeger SL, Kolars JC. Factors associated with medical knowledge acquisition during internal medicine. *J Gen Intern Med*. 2007 Apr 28.



Quick Implementation

"I'd give our UpToDate integration into ClinicalWorks, the highest rating possible. Implementation was as easy as flipping a switch and our physicians and interdisciplinary team love it."

*Greg L. Wolverton, FHIMSS
Chief Information Officer
ARcare/KentuckyCare
Augusta, Arkansas*

More than 20 Specialties

Allergy and Immunology
Anesthesiology*
Cardiovascular Medicine
Dermatology
Emergency Medicine (Adult and Pediatric)
Endocrinology and Diabetes
Family Medicine and General Practice
Gastroenterology and Hepatology
General Surgery
Geriatrics
Hematology
Hospital Medicine
Infectious Diseases
Nephrology and Hypertension
Neurology
Oncology
Obstetrics, Gynecology and Women's Health
Palliative Care
Pediatrics
Primary Care (Adult)
Primary Care Sports Medicine
(Adolescents and Adults)
Psychiatry
Pulmonary and Critical Care Medicine
Rheumatology
Sleep Medicine*

*specialties in development



An institutional subscription provides all clinicians in your hospital with valuable features

A site subscription provides your institution with unlimited on-site access to UpToDate online. The software that contains and delivers UpToDate resides on our dedicated servers, eliminating the need for your institution to perform server updates or maintenance.

Users have direct access to:

- ✓ Comprehensive coverage of more than 10,500 clinical topics
- ✓ More than 30,000 graphics, presented in easy-to-search thumbnail format
- ✓ More than 9,700 graded recommendations
- ✓ Fully referenced topics with more than 425,000 Medline abstracts
- ✓ Continuously updated content

Join the best hospitals around the world using the premium clinical decision support tool.

UpToDate is used by:

- Johns Hopkins Hospital
- Massachusetts General Hospital
- Mayo Foundation
- UCLA Medical Center
- New York-Presbyterian University Hospital of Columbia and Cornell
- University of Texas MD Anderson Cancer Center
- Memorial Sloan-Kettering Cancer Center
- And more than 32,000 other top institutions around the world

To learn more, contact
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or call +1-781-392-2000.

